



Autism Tasmania Parent/Carer Workshops - 2022 Program

Autism Tasmania provides a range of free informational workshops for parents and carers of Autistic individuals.



These sessions aim to give encouragement and trustworthy information so that parents and carers can support their children to grow into confident and empowered adults.

The sessions provide a safe place to:

- » Meet other parents/carers
- » Share experiences and advice
- » Learn new things

The information we provide is based on evidence from scientific research, together with the views and advice of autistic adults.

The topics that we cover in our information sessions are outlined on the next page.

If you have questions contact our Learning & Development team at learning@autismtas.org.au

Statewide Contacts

(03) 6722 5000

autism@autismtas.org.au | www.autismtas.org.au

For more information about training please contact the Learning & Development team at learning@autismtas.org.au.

Who should attend?

These sessions are for parents, family members, and unpaid carers of children who are autistic or who show autistic characteristics. A confirmed diagnosis of autism is not needed.

Cost

These workshops are **FREE** to attend.

Registration

Registration is essential. To register or see upcoming workshops online or in-person near you, visit our website at autismtas.org.au/learning-development-autism-community-workshop-calendar

We tailor our workshops to the individual needs of our participants in order to provide the most relevant information and resources. All of our workshops are designed to be interactive for our participants including our online sessions.



Topics



Autism and Transitions: Planning for Success

This workshop explores strategies, resources and services to assist parents, family members and carers to manage and celebrate their child's key life transitions. Understand how to make transitions easier.

Launceston: Thursday 25th August 2022

Hobart: Thursday 25th August 2022

Burnie: Tuesday 30th August 2022

Online: Tuesday 2nd August 2022

Navigating the Autism Therapy Maze

This workshop teaches you how to become an informed and empowered decision maker about therapy and help you to understand more about different types of therapy.

Burnie: Thursday 17th November 2022

Hobart: Thursday 17th November 2022

Launceston: Thursday 24th November 2022

Online: Thursday 3rd November 2022

Building a Partnership with your Child's School

This workshop explores strategies for building and maintaining a strong partnership with your child's school. You'll learn more about resources and support services and understand how to contribute effectively to the Learning Plans process.

Dates coming soon.

Welcome to Autism

This workshop explores the characteristic strengths and challenges of autism. You'll understand more about autism and learn more about the useful autism resources and supports that are available.

Burnie: Thursday 10th November 2022

Hobart: Thursday 10th November 2022

Launceston: Wednesday 23rd November 2022

Online: Tuesday 15th November 2022

Autism and Puberty: Managing Common Challenges

This workshop explores the physical, emotional and social changes of puberty. You'll learn about strategies, resources and services that may be helpful for parents, unpaid carers and autistic adolescents.

Burnie: Tuesday 29th November 2022

Hobart: Wednesday 30th November 2022

Launceston: Wednesday 26th October 2022

Online: Thursday 1st December 2022

These free information sessions are for parents, family members, and unpaid carers only. If you are interested in professional development workshops, please contact our Professional Learning & Development team at learningpd@autismtas.org.au or call us on (03) 6722 5000.

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